

ITZI

The Newsletter ~ The big event for this year

**“NO PEARL WITHOUT GRIT: The psychology of suffering and awakening”
Soesterberg, Netherlands in September 2019.**

The International Zen Therapy Institute brings together contributors from all schools of Buddhism and all branches of the therapeutic and healing arts.

BOOK NOW: e-mail your details to info@zenthapyinternational.com and you will receive full registration details.

HEADLINE: ANNOUNCING CONFERENCE PLENARY PRESENTERS

ITZI is an international community of practitioners. At this conference we are meeting at the wonderful Kontakt der Kontinenten conference centre as a group from many parts of the world. Appropriately, we have leading speakers from Asia, Europe and America, from different schools of Buddhism, different ethnic backgrounds and different approaches to helping and healing.



**KEYNOTE:
"The Sound that Heals the Mind and World"**

Myokei Caine Barrett, Myokei Caine Barrett is head priest at Myoken-ji Temple and Bishop of the Nichiren Shu Order of North America where she conducts workshops on mindful conflict resolution. She has led intensive dharma retreats as part of the International Western Dharma Teachers' conference, was a keynote at Sakyadhita USA in 2017, co-facilitated healing racism programs, and presented many talks on dharma and race including in Harvard Divinity School's 2017 Buddhism and Race Conference. Myokei, University of the West. She gave a wonderful presentation at the last ITZI conference and we are delighted to have her as a keynote speaker this time.

Daughter of an African American father and a Japanese mother, Myokei Shonin is the first woman of African American and Japanese descent—and the only Western woman—to be ordained as a priest within the worldwide Nichiren Order

“I’d always taken care of people, and the idea of service came from my dad. Our house was always open; we had people coming in and out who had nowhere else to go”

“In my years of practicing, I have worked with people who are schizophrenic, autistic, transgendered, behind bars—the whole range. If I truly believe that Buddhism is for everyone, then I have to act that way.”

**KEYNOTE:
"The Evolving Psychology of Chan"**

Caifang Zhu, authority on Chan meditation, disciple of late Ven. Master Jinghui, co-founder of Beijing Meditation and Counseling Center, research fellow and associate director of Hebei Institute of Chan Buddhism in China, board member of the International Transpersonal Association, has developed the Meditation-Initiated Integrative Therapy (MIIT) integrating meditation, Tai Chi and counselling. He is a counseling supervisor in China, a member of the division "Culture and Psychotherapy" under the China Association of Mental Health. He has published many articles internationally on Buddhism and psychology. He received his masters degree from Harvard Divinity School, and Ph.D. from California Institute of Integral Studies.



“With the renaissance of traditional Chinese culture, Chan Buddhism has witnessed a great development in China over the past three decades. The introduction of the secularized mindfulness, psychotherapy, and transpersonal psychology has posed challenges. To become more integral, Chan Buddhism may need more attention to equality, egalitarian communication, and skills to help with practical psychological and spiritual issues.”



**KEYNOTE:
“Addiction, Compulsiveness and Liberation”**

David Brazier, president of ITZI, Buddhist master and internationally recognised teacher of Buddhist psychology, author of *Zen Therapy*, *The Feeling Buddha* and many other books, as well as numerous articles, including for Tricycle magazine. He is head of the Amida Order, a Pure Land Buddhist sangha, doctor of philosophy, psychotherapist, social worker, psychodramatist, inventor of pandramatics. He spearheaded aid and education projects in several countries. His teachers include Kennett Roshi, Saiko Sensei, Thich Nhat Hanh, Carl Rogers, Elaine Sachnoff and Mary Midgley.

“My mother taught me poetry. My father taught me independence. My Buddhist teacher taught me not to take myself so seriously.”

“We’re all addicted to something, many things, chocolate, mobile devices, certain kinds of relationship – it’s not just hard drugs - above all to ourselves. From a certain perspective, all psychotherapy and all spiritual guidance is about liberation from compulsiveness and return to a simpler life.”

“When life is simple one has a lot more available energy and in this great space there is joy. When one falls into the distraction of self and notices, the best remedy is to laugh. I laugh a lot. Buddha is probably laughing too - he always seems to have a wry smile on his lips. Let’s laugh together.”

The conference will also include other presenters and workshop leaders from USA, Russia, Israel, Canada, France, Spain, Belgium, Netherlands, Germany, a truly international gathering with a now well established community, interactive and experiential. This could be the most exciting Buddhist psychology event of the year.

The organising team includes: Karin Verhaest (Belgium), Nati Menendez Gonzales (Spain), Iris Dotan Katz (Israel), and Floor Nijman (Netherlands).

To reserve one of the limited number of places (80), you can find all details on the conference website at <http://www.itziconference.eu/> or send us an e-mail at info@zenthapyinternational.com and you will receive full registration details.

- [LEARN MORE](#)
- [REGISTER NOW](#)

OTHER NEWS

ELEUSIS SITE

ITZI news and resources can also be accessed via the personal web site of David Brazier. The web site is called La Ville au Roi (Eleusis). The URL is www.eleusis.ning.com. This is a networking site. You can access information without joining or you can join in order to participate. There is an ITZI section on the site as well as sections for articles on psychology, Buddhism and other related topics.

ITZI SUPPORT

A group of practitioners within ITZI have recently established a group called ITZI Support. This group exchanges news and information via the La Ville au Roi (Eleusis) site and has just started having on-line video conference meetings. If you might be interested in joining this group, the first step would be to join the Eleusis site.

NEWSLETTER LIST

If you wish to receive this newsletter but are not yet subscribed, please e-mail john108@europe.com or sign up on the sign up box on the front page of the Eleusis site (see above).

Newsletter 4 ~ January 2019

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You are receiving this as either you have been involved in ITZI Conference in the past or shown an interest in Conference 2019

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